1. Aims and Scope

The importance of a middle-aged woman in a South Asian family is known to everyone. The activities performed by her cannot be easily done by any other member of the family anywhere in the world.

It is also a known fact that these are the women who face the most problems regarding their health because of menopause. Keeping this in mind, South Asian Federation of Menopause Societies (SAFOMS) has published this journal for dealing with the chronic health problems faced by the South Asian women during peri-menopause and menopause.

The aims and objectives of this journal are as follows:

• To create awareness of the various chronic health diseases and distress caused to a South Asian woman going through menopause.
• To promote a multidisciplinary multifactorial comprehensive approach, medical and non-medical, to the care of these women.
• To help the patients and family physicians understand the need of regular medical check-ups and follow-ups with their gynecologists, especially during and after the transitional period.
• To regularly update doctors and health professionals in the field of menopausal medicine, to ensure appropriate health care for these women.
• To facilitate exchange of ideas and experiences of different disciplines such as the physical, mental and emotional health of women in the years after menopause is truly multidimensional and multidisciplinary.
• To collect information and data with particular reference to the South Asian menopausal women.
• To encourage research on relevant aspects in the South Asian context.

2. Ethical Considerations

Investigation and surgery on human subjects should conform to the guidelines noted in the World Health Organization Chronicle 1976;30:360-362.

Manuscripts submitted for publication must comply with the following ethical considerations:

Informed Consent

Informed consent of the patients must be taken before they are considered for participation in the study. Patient identifying information, such as names, initials, hospital numbers, or photographs should not be included in the written descriptions.

Patient consent should be obtained in written and archived with the authors.

Protection of Human Subjects and Animals in Research

When conducting experiments on human subjects, appropriate approval must have been obtained by relevant ethics committees. All the procedures must be performed in accordance with ethical standards of the responsible ethics committee both (institutional and national) on human experimentation and the Helsinki Declaration of 1964 (as revised in 2008). When reporting experiments on animals, authors must follow the institutional and national guidelines for the care and use of laboratory animals.

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Contents

Original Article

- Review of Cervical Carcinoma Screening Program in Tamil Nadu – Current Trend and Recommendations from a Histopathologist’s Viewpoint ................................................................. 1-7
  Shifa S Ibrahim, Kamaleshwari Kesavaraj, Muthumani Arun, SA Mohamed Ameen, Raasi Sankar
- Hysterectomy by Vaginal Route: Not a Pressure ........................................................................ 8-10
  Radha Vembu, Sithara Dharmalingam
- Hormone Replacement Therapy for Surgical Menopause: Is there an Ideal Drug? A Comparative Study of Conjugated Equine Estrogens and Tibolone ........................................................................ 11-15
  Nidhi Gupta
- Effect of Menopause on Pulmonary Functions: An Analysis ......................................................... 16-18
  Amar K Karia, Kshama V Kedar, Radha P Munje
- A Study to Analyze the Efficacy of Levonorgestrel Intrauterine System in the Management of Abnormal Uterine Bleeding among Urban Indian Women ........................................................................ 19-22
  Anshu Gupta, Bidisha Roychoudhury, Poushali Sanyal, Bijit Chowdhury, MMS Zoha

Research Articles

- Rate and Risk Factors for Surgical Site Infection in Gynecologic Oncology Surgeries at a Tertiary Care Facility in a Developing Country ..................................................................................... 23-27
  Erum S Khan, Sheikh Irfan, Natasha Khalid
- Study of Vitamin D Status among Postmenopausal Women .......................................................... 28-34
  Nithya P Jayakumar, Bharathi Rao, Nikil Shetty
- Hysteroscopic Management of Intrauterine Pathologies: A Case Series of 296 Patients ................. 35-40
  Garima Yadav, Rahul Manchanda, Charu Pathak
- Knowledge and Awareness of Cervical Cancer and Human Papilloma Virus Vaccine among Medical Students: A Cross-sectional Study ........................................................................ 41-44
  Setu Rathod, Sunil K Samal, Sunita Samal, Seetesh Ghose

Review Articles

- Role of Imaging in Dilemma of Adnexal Masses in Postmenopausal Women ................................. 45-50
  Poonam Yadav, Meeta Gupta, Mohita Agarwal, Ruchika Garg, Urvashi Verma, Shiveta Gupta
- Management of Postmenopausal Vaginal atrophy: Review of Literature ........................................ 51-57
  Preeti Yadav, Meena Dayal
Case Reports

- Primary Transitional Cell Carcinoma of Fallopian Tube in Postmenopausal Women: A Case Report and Review of Literature .......................... 58-61
  KPK Indumathi, S Bhuvana, Jaya Vijayaraghavan

- Vaginal Leiomyoma: Case Report and Literature Review .................................................. 62-65
  Mamta Gupta, Vandana Saini, Rita Jindal, Supriya Kumari, Namrata Nargotra

- Krukenberg Tumor from Gastric Carcinoma presented as Acute Abdomen: A Unique Presentation .......................................................... 66-68
  Aparna Jarathi, Sowbarnika Ramamoorthy, Jayanthi Mohan

- Bilateral Ovarian Transitional Cell Carcinoma ................................................................. 69-70
  Hema B Bannur, Vijayalaxmi V Suranagi, Reshma Davanagere, Ganga S Pilli