Perils of Miscommunication: The Beginnings of Informed Consent

ABSTRACT
This article addresses the perils of miscommunication and the beginnings of informed consent in a landmark United States common law, Schloendorff vs Society of New York Hospital. For a century, Schloendorff has been understood as a case of surgery performed without consent on an anesthetized patient after a pelvic mass was discovered. This case illustrates the clinical ethical errors that occur when physicians fail to communicate with each other and with their patient. To support this interpretation, we review the original medical and surgical records, letters of key participants in the case, and the trial court record. Ms Schloendorff actually lost her legal case. Indeed, her surgery might not have been performed at all had her clinicians known, communicated, documented, and reaffirmed what the patient actually wanted. This new interpretation of Schloendorff is important for contemporary obstetric and gynecologic care, because it documents the perils of the medical errors of implicit consent, delegating the obtaining of consent, and miscommunication among clinicians. From the perspective of the lessons taught by Schloendorff, the modern culture of patient safety and quality that has come to define excellent obstetric and gynecologic care, including ultrasound, should be understood as a powerful preventive measure against the clinical ethical perils of miscommunication that reduce the quality of patient care and unnecessarily compromise professional obstetric and gynecologic ultrasound.

Keywords: Informed consent, Miscommunication, Patient safety, Quality.

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INTRODUCTION
Schloendorff vs Society of New York Hospital, decided by the highest civil court in the State of New York in 1914, is a landmark case in the history of United States common law on consent and informed consent in patient care. Evidence for this status is that Schloendorff has become one of the most frequently cited legal cases in the obstetric ethics and bioethics literatures for what is taken to be its fundamental contribution to the law and ethics of informed consent. In this article, we tell a more complicated and more clinically interesting story than the simple story of the invention of simple consent, i.e., the patient’s right to say “yes” or “no” to recommended clinical management. Instead, we tell Schloendorff’s story of the perils of miscommunication and the lessons of Schloendorff for preventing miscommunication. We base our account hereon our previously published work on this topic.

The court’s opinion in Schloendorff was written by Justice Benjamin Cardozo, who later went on to considerable renown as an Associate Justice of the United States Supreme Court. The standard account in the literature on the ethics of consent and informed consent is that surgery was performed on Ms Schloendorff to remove a pelvic mass discovered after she had been anesthetized and, therefore, without her consent. In response, Cardozo wrote: “Every human being of adult years and sound mind has the right to determine what shall be done with his own body; and a surgeon who performs an operation without his patient’s consent, commits an assault, for which he is liable in damages … except in cases of emergency where the patient is unconscious and where it is necessary to operate before consent can be obtained.”1

This sentence, a ringing endorsement of patient’s rights, appears repeatedly in the informed consent, biomedical ethics, and obstetric and gynecologic ethics literature.2 This sentence is taken to establish the legal basis of consent. Lombardo has recently made an important contribution to how Schloendorff should be understood in the history of common law. Based on a careful scholarly legal analysis of the 1911 trial court record and of Justice Cardozo’s 1914 opinion for the Court of Appeals of New York, Lombardo has shown that the legal focus of Schloendorff was not directly on consent but on the
immunity from liability of a hospital as a charitable organization from the actions of its physicians, surgeons, and nurses.\textsuperscript{7}

Here we go beyond Lombardo's account and explain how Schloendorff should be understood as providing lessons on the prevention of miscommunication in clinical practice. From this contemporary perspective on Schloendorff, it has an enduring clinical relevance for obstetrics and gynecology that has not been well-appreciated in the informed consent literature. The Schloendorff case is best interpreted as a warning about the clinical ethical perils of miscommunication that can result from reliance on implicit consent and delegating responsibility for obtaining consent. Schloendorff should not be considered a landmark case of physician paternalism, in which gynecologic surgery was performed for a patient's benefit but without her express consent, paternalism to which patient autonomy is the remedy. Instead, based on the historical record, Schloendorff is best appreciated as one of the earliest cases that emphasize the clinical perils that result when surgeons fail to communicate effectively with their colleagues and with their patient. These new lessons from Schloendorff have direct application to obstetric ultrasound.

THE UNTOLD STORY OF SCHLOENDORFF

Despite its prominence in the informed consent literature, the facts of the Schloendorff case are not well-understood. To address this shortcoming, we rely on the trial court record, which is included in the appellate court ruling in this case.\textsuperscript{8} We also rely on the medical\textsuperscript{9} and surgical records,\textsuperscript{10} as well as other contemporaneous primary source materials,\textsuperscript{11-14} in the Medical Center Archives of New York Presbyterian/Weill Cornell Medical Center.

The 56-year-old Ms Schloendorff lost both her uterus and her case. She, therefore, received no compensation for the damages she claimed to result from an embolism in the brachial artery of her left arm that developed postoperatively. Ms Schloendorff alleged at trial that, while she had given consent for an “ether examination” to determine the nature of her pelvic mass, which is just above the synchisis, size of an orange, and rounded. Vaginal examination shows it to be a firm, mobile, and slightly mobile organ connected to the uterus. "Wished operation for mass, which is just above the synthesis, size of orange, and rounded. Vaginal examination shows it to be connected to the uterus." While the physicians requested and received a surgical consult on their patient, there is conflicting testimony as to what the conclusion and advice given during that consult consisted of beyond the record of an examination in the chart on January 26, 1907, 5 days before she was transferred to the surgery service. There is no documentation of physician-to-surgeon communication during or after the transfer on January 31. These lapses would not be accepted in contemporary clinical practice based on patient and quality, but apparently were acceptable at that time.

It is possible that she did this because her attorney wanted to avoid the hospital's potential defense of charitable immunity, which would have effectively prevented her from suing the hospital for resulting negligent treatment by the physicians and surgeons. It is also notable that the damages claimed did not include the loss of her fibroid uterus and ovaries as a direct result of the surgery (she was already 56), but rather the significant pain and suffering she underwent as a result of an infection and gangrene in her arm, which developed some weeks later and resulted in the eventual loss of distal parts of some of her fingers.

In 1907, at the Society of New York Hospital (SNYH), which is today the New York Presbyterian Hospital, the medical and surgical services were separate in several dimensions. Today she would be admitted to obstetrics and gynecology for integrated care. Then, there was no defined gynecology service at SNYH. Moreover, the medical and surgical services were physically separate and had different professional staff. The medical and surgical records at SNYH, which were written in long hand on paper in separately bound volumes, appear to have kept in different places as well. Crucially for the Schloendorff case, there were at least three physicians responsible for her care on the medical service and then at least three surgeons when she was transferred to the surgery service. There is no documentation in the medical or surgical records that the patient agreed to an ether examination but refused any surgery. There is also no documentation that an ether examination was ever performed, although Ms Schloendorff did admit at trial that that was what she believed she had agreed to and what she was told would happen, at least by Dr Bartlett, the chief physician on the medical service. There is documentation in the medical record indicating that at least one provider, Dr Martin, a house physician under Dr Bartlett, believed that the patient had in fact consented to surgery for what was preoperatively diagnosed as a likely fibroid uterus: "Wished operation for mass, which is just above the synthesis, size of orange, and rounded. Vaginal examination shows it to be connected to the uterus."
At the time of her admission on January 10, 1907, according to the trial court record, the patient was known as Mary Gamble, a 56-year-old “teacher of physical training, voice culture of reduction and development” or voice coach. She had been living in San Francisco, California, at the time of the 1906 earthquake, 9 months earlier, but moved to New York City to join her son because she was frightened by this experience during which she lost two sisters. She was admitted initially to the medical service of SNYH, complaining of stomach pain and severe weight loss, which she attributed to anxiety resulting from the earthquake.

During her medical admission, she testified in the trial court proceeding that she was treated conservatively with stomach washings and diet of “a little bit of raw egg and a little bit of milk and that is all.” The medical record documents that she received different diets, bismuth, gastric lavage, and enemas and gained 11 pounds over the course of her 3-week admission to the medical service. At the end of her medical admission, she was declared “cured of stomach pain” that had been caused by “acidity.”

Dr Bartlett was her attending hospital physician for her medical admission. His physical examination revealed the incidental finding of an abdominal mass, which she testified that she had been aware of for some time. Dr Bartlett recommended a surgical evaluation of this mass. She was then seen by Dr Stimson, the chief surgeon, and Dr Cottle, a house surgeon, who was Dr Stimson’s assistant. According to her testimony, Dr Stimson did not explain what an ether examination was and Ms Schloendorff had expected to be discharged in a few days, the landlord even producing a letter which was used as evidence of the patient’s intention.

According to her testimony, Dr Stimson did not explain what an ether examination was and Ms Schloendorff testified that she “did not say anything to him.” The next time she saw Dr Bartlett she asked him what was meant by an ether examination and told Dr Bartlett explicitly that she did not want an operation. Dr Bartlett assured her that there would be no operation, that the ether examination “would be very simple” and would help to determine the nature of the lump. She claimed that Dr Bartlett advised her that she could have surgery at another time. She packed and was ready to leave the next day. Both her landlord and her son testified that Ms Schloendorff had expected to be discharged in a few days, the landlord even producing a letter which was used as evidence of the patient’s intention.

Dr Stimson testified that he saw Ms Gamble on the medical service on January 26. He testified that he was able to perform a physical examination with one hand on her abdomen and the fingers of his other hand “in the lower bowel and vagina and got it between the two hands.” He testified that his diagnosis was a “multiple fibroid tumor.” He also testified that there was no need for an ether examination; his diagnosis had precluded the need for such an examination. An unsigned note in the medical record dated January 26th would support this testimony. Dr Stimson claimed that he said to Ms Gamble that he would perform surgery “if she wanted it removed.” He added: ‘she did not say she was opposed to an operation.”

There is an entry in the medical record for January 31, as noted above, that states that the patient “wishes operation.” This entry was signed by “Art Martin HD.” Dr Arthur H Martin’s formal title was Second Senior Assistant (HD or House Doctor) on the medical service under Dr Bartlett. Dr Martin did not testify at the trial and his name appears nowhere in the other primary source material documents that we examined.

According to Ms Schloendorff’s testimony, she was awoken by a nurse in the evening of January 31 and informed that she was to go the “next ward,” i.e., the separate surgery service. She asked if this would interfere with her going home and was told that she would have an ether examination in the morning, without a meal beforehand. At some point, she was shaved and her body washed and covered with antiseptic cloths. She claims that she questioned whether this preparation was necessary for an ether examination and, after being told that it was, reiterated again to the nurse that she did not want an operation.

An order for preoperation preparation appears in the surgical record. According to Dr Stimson, such preparation would not have been necessary for an ether examination alone. Ms Schloendorff claimed that she was shown a slip on the wall with her name and the words ether examination. Nurse Montague, who prepared her, testified that she did not have a conversation with the patient about the surgery and Nurse Oliver, who brought her to the room where the ether was administered, testified that no such “cards” or slips were used in the hospital.

Ms Schloendorff testified that she was taken by elevator in the surgical ward to another room where she was informed by the attendant that she would receive gas followed by ether. She told him that she did not want an operation and the attendant assured her that, while he did not know what she was to have, she should not worry. She asked to see somebody about the operation
but nobody came. She tried to leave but was restrained by hand. The mouthpiece was placed in her mouth and she was instructed to breathe deeply and lost consciousness. She awoke to discover that she had indeed had surgery. The operative note would seem to support the hospital’s version of events as there is no mention of any ether examination done prior to surgery. However, it is conceivable that an examination under anesthesia may have been done as a routine prior to any laparotomy.

Ms Schloendorff testified that she did not see Dr Stimson or speak to him before the operation and that after the operation she saw him only once. She asked Dr Cottle, Dr Stimson’s assistant, several times what had happened and he was nonresponsive. She asked to talk with Dr Stimson and was told he had left the hospital and was away from the city. She noticed one morning that the fingers of her left hand were blue in some places and black in others. She asked Dr Cottle to look at her hand, which he did, but she claimed that he did nothing. This complication resulted eventually in surgical removal of the tips of her left thumb and forefinger at another hospital. This injury, and not the lack of consent and not the loss of her uterus, prompted her to file a negligence claim against the SNYH.

At trial, the testimony of the doctors and nurses involved in her care provided a much different account of events. The nurses did not recall that Ms Schloendorff had notified them that she did not want surgery, that she had ever complained of having surgery against her wishes following the operation.

As at that time there was neither the custom nor the requirement, as there is now, to obtain written consent for a surgical procedure, there was a distinct issue of fact, whether Ms Schloendorff had consented or not, which could have been decided by the jury. What prevented a jury from deliberating was that Ms Schloendorff did not see her doctors at SNYH for trespass or battery. Instead, she sued the hospital itself, alleging that it, through its agents, the physicians and nurses, violated an oral contract by not following her expressed desire not to have an operation. It was determined that there was no legal contract between her and the hospital and that the hospital was immune as a charitable organization from liability for the conduct of its physicians, surgeons, and nurses in the care of the Hospital’s patients.

As Ms Schloendorff’s case was never sent to the jury, which is the fact finder in trial courts in the United States, the factual issue of whether she had actually given consent was never determined at trial or by Justice Cardozo, whose decision on the law for New York’s highest court in favor of the hospital upheld the trial court’s order of a directed verdict. Cardozo, finding that the physicians were independent contractors and that the nurses were required to follow the orders of physicians and surgeons, agreed with the lower court judge’s ruling that the hospital was immune from any damages as a result of the alleged negligence or potential battery of the physicians, surgeons, and other hospital personnel. He cited the case as unique since its outcome did not rely upon the implied waiver of charitable immunity which would have been a valid defense against negligent treatment. He argued that the immunity extended to hospitals because its physicians operated independently and were not in its direct control, which also shielded the hospital from responsibility for any potential battery if Ms Schloendorff’s testimony was to be believed.

Rather than emerge victorious as the result of her case, Ms Schloendorff was ordered to pay the costs of her trial and the appeal ($292.62 and $79 respectively). Lombardo is correct that the legal result of Schloendorff was to uphold the charitable immunity for hospitals in New York State, based on the relationship between a hospital and its physicians and surgeons. Cardozo’s ringing endorsement of self-determination, while certainly eloquent, was merely a reiteration of what both the doctors and trial courts before him believed was appropriate in nonemergent cases with a patient capable of understanding and giving consent.

Our account of the Schloendorff story corrects three potential misunderstandings of it. First, the plaintiff,
Ms Schloendorff, did not bring action to compensate her for the loss of her uterus. Instead, she brought action to compensate her for anatomical and functional losses in her left hand that, she alleged, were the result of a rare complication, a brachial embolism. However, that complication may not have been related to her surgery or, if so related, was perhaps an acceptable complication and not the result of negligence. Second, that she brought action against SNYH opened the possibility of a directed verdict in the trial court, which indeed occurred and resulted in the facts of the case never being adjudicated. Third, Schloendorff has achieved this status on the assumption that Mary Gamble, later Mary Schloendorff, was subjected to surgery over her objection. Our account of the Schloendorff story, based on the historical materials that we have presented, calls this assumption into question. What is clear is that we, like the surgeons at the time, are still not sure of what Ms Schloendorff really wanted and what she was told prior to her surgery and before experiencing its aftermath.

**CLINICAL IMPLICATIONS**

The enduring historical lesson of Schloendorff for modern obstetrics and gynecology lies elsewhere: the clinical perils of the medical ethical errors of implicit consent and delegating the obtaining of consent that resulted in miscommunication. Mary Gamble was admitted first to the medical service of SNYH, where she received treatment for her chief complaint of abdominal pain, which was declared cured at the end of her medical admission on January 31, 1907. During her medical admission, a mass was found incidentally and a surgical consult was obtained and its results documented on January 26. Surgery was recommended, which the patient neither accepted nor refused at the time. However, on January 31, the last day of her medical admission, there is an entry from Dr Martin that documents what appears to be at least implicit consent to surgical removal of her uterine fibroid tumor and no mention of a diagnostic or preliminary ether examination. There is no documentation of communication of this implicit consent to the surgical service or of any limitations. The absence of any notation in the surgical record of the patient’s consent is puzzling and leaves unclear what that service understood they were asked and had been given permission to do. Therefore, the oft-cited ether examination should be considered apocryphal.

There were two failures of consent. The first was that the patient’s implicit, rather than explicit, consent to surgery appears to have been obtained during her medical admission. Second, the hierarchical structure of hospitals at the time, with the chief physician or surgeon at the top and house physicians and house surgeons at the bottom, appears to have resulted in delegation of responsibility for the consent to surgery to the most junior house physician, Dr Martin.

These two failures regarding consent resulted from failures of communication. There is no evidence that the physicians communicated to the surgeons that the patient had consented to surgery. This failure was enabled by the absence of a written consent form and documentation of her consent only in the medical record, which was not physically available to the surgeons. Reliance on what appears to have been implicit consent and the absence of documentation of Ms Gamble’s alleged refusal led to surgery that the patient later said that she never authorized. There were also house doctors on the medical service and on the surgery service house surgeons, an anesthesiologist, and nurses who were in a position to question the validity of her consent, either affirming it or bringing any limitations to the surgeon’s notice. There was at the time apparently no formal mechanism for them to stop the chain of events.

In today’s culture of patient safety and quality, it is not permissible to delegate the consent process to a clinician not qualified by training and experience, as was Dr Martin, to lead and document the informed consent process. This is as true of obstetric ultrasound examination as it is for other clinical management. There is no requirement for written documentation of consent to obstetric or gynecologic ultrasound, but there is an ethical requirement for adequate prenatal informed consent for sonogram, an important preventive ethics component of professional obstetric care.

In addition, upon receiving a patient for surgery or an invasive procedure a time-out is now routinely called. The documentation of the consent process in progress notes and a signed operative permit would be confirmed. This includes assurance that the appropriately trained and experienced clinician led the consent process, which did not happen in the Schloendorff case. We emphasize that the requirement of a signed operative permit is ethically very significant, not just because it formalizes the patient’s consent but because it also communicates that consent to everyone on the care team. Implicit consent and its perils of miscommunication are thereby prevented. Had such a formal, institutionally required mechanism existed in 1907 at SNYH, miscommunication would almost certainly have been prevented as Ms Gamble was transferred from the medical to the surgical service and...
when she was taken to the operating room. Now, the patient would be asked why she was there and, if she objected to surgery, her objection would be addressed before any procedure would be done. By contrast, according to her testimony, Ms Gamble’s refusal of surgery was ignored when she arrived on the surgery service. These practices reflect the enduring legacy of Schloendorff and Cardozo’s memorable language: implicit consent is not acceptable; only explicit consent or refusal is, to prevent a cascade of miscommunication.

CONCLUSION

The Schloendorff case is a landmark case of the perils of miscommunication in clinical practice. It is routinely assumed in the informed consent literature that Ms Schloendorff was the victim of an intentional battery. In truth, she may have been victimized by the absence of effective communication among clinicians who would have ethically and legally respected her wishes not to have surgery, if indeed that had been her express decision. It is also possible that the physicians, surgeons, and SNYH have become the victims of a century of a misunderstanding in a case which they won on the grounds of a directed verdict and the immunity for hospitals that was prevalent at the time. The widely held belief that Ms Schloendorff did not consent was never adjudicated to be a matter of fact.

When examined in its historical and clinical context, Schloendorff vs Society of New York Hospital should be understood as a landmark case for preventable clinical ethical errors of miscommunication. In the context of Schloendorff, the modern culture of patient safety and quality that has come to define excellent obstetric and gynecologic care, including ultrasound, should be understood as a powerful preventive measure against the clinical ethical perils of miscommunication that reduce the quality of patient care and unnecessarily compromise professional obstetric and gynecologic ultrasound. Effective communication with patients about the nature, purpose, and limitations of obstetric ultrasound is an essential component of high-quality obstetric ultrasound.

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