Letter to the Editor

Postscript: An ODE to NVG

She was a girl just turned twenty-one;  
A future nurse, when her course was done.  
    Her father has a history of DM;  
But it does not cause him any problem.  
The killer genes have hit her hard;  
Attacking her eyes, which have no guard.  
New vessels growing all over the disk;  
There is also NVE, to increase the risk.  
Blood vessels cover the surface of iris;  
The IOP high from extensive rubeosis.  
I wonder how soon she will be NPL;  
Will there be TRD? A need for scleral buckle?
    The retina will fight hard and bleed;  
    Vessels rising to the VEGF’s heed.  
Macular edema is already threatening;  
The posterior pole has some swelling.  
The chirpy young lass does not know;  
    She is not prepared for the blow.  
    My heart goes out as I see her;  
    She is serene, without fear.  
I reveal the fundus pictures to the family;  
Shattering their cozy world completely.  
    ‘The laser sessions will now start’;  
    I console her broken heart.  
    ‘May be something will come good;  
    I would do, whatever I could’.  
PRP shots explode on her retina;  
Like bullets thundering into sandy vista.  
    Argon makes her cry in pain;  
    I need to give subtenon lignocaine.  
Tears streak down her sallow cheeks;  
On she comes, week after weeks.  
Years pass away in a flutter;  
The eyes are stable; the retinas better.  
But everytime I see her in my chamber;  
The questions on her lips: ‘Do I need laser?’.
Humbly, I pray to THE ONE ATOP the ladder;  
‘Please make her feel and see better and better’.

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