Book Review

Therapeutic Pediatric Nutrition

This book is a sequel to the earlier one (Basic Pediatric Nutrition) by the same author, where she deals with the dietary requirements and management of children with specific diseases. Problems ranging from the gastrointestinal tract like diarrhea, liver and kidney disorders, have been covered in great detail. Some of the more complex diseases, like cystic fibrosis and metabolic disorders, are also touched upon giving details of managing them in the Indian scenario. Dietary modifications required for disorders, like juvenile diabetes, celiac disease and seizure disorders, have been explained in a style which is simple yet practical to follow. The vast experience of the author over a span of three decades in managing such children with various problems have been dealt with in context to the Indian setting unlike in many books which may not be always applicable to the Indian context. In short, the book is a comprehensive manual on dietary management of various diseases and therefore a very useful guide for all those dealing with child care, like the clinicians, dieticians, nurses and students involved with these specialties.

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