Nonsyndromic Type of Multiple Basal Cell Carcinoma

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Abstract
We report a case of nonsyndromic type of multiple basal cell carcinoma associated purely with actinic keratoses. A 69-year-old Indian male had suffered from multiple, variable-sized papules and nodules on the face, neck and chest for 13 years previous to treatment. He had no history of arsenic intake, irradiation, herb medication, or exposure to chemical warfare gases. Family histories for basal cell carcinoma and xeroderma pigmentosum were negative. Classical features of Gorlin's syndrome were conspicuous by their absence. Histopathologically, the tumors revealed typical findings of basal cell carcinoma arising from actinic keratoses. The case in point is a very rare and unique case in itself as being nonsyndromic, nonhereditary and occurring in the absence of various other environmental conditions as already mentioned in literature.

Keywords: Multiple basal cell carcinoma, actinic keratosis.

INTRODUCTION
Basal cell carcinoma is a slow-growing neoplasm of nonkeratinizing cells originating in the basal cell layer of the epidermis. It usually occurs as a single lesion in sun-exposed areas, although appearance of several lesions is not exceptional. It may be associated with arsenic exposure or predisposing conditions like actinic keratosis, Bowen's disease, leukoplakia, erythroplasia of Queyrat, keratoacanthoma, radiation dermatitis and xeroderma pigmentosum. It also occurs as a feature of variety of heredofamilial conditions like nevoid basal cell carcinoma syndrome (Gorlin's syndrome), Bazex's syndrome, Rombo syndrome, and unilateral basal cell nevus syndrome. Nevoid basal cell carcinoma syndrome or Gorlin's syndrome is inherited as an autosomal dominant trait and is characterized by range of developmental anomalies and predisposition to various cancers. Patients with this syndrome may exhibit a broad nasal root, borderline intelligence, jaw cysts, palmar pits, bilamellar clarification of falx cerebri and multiple skeletal abnormalities in addition to hundreds of basal cell carcinomas. In this patient we had ruled out the possibility of Gorlin's syndrome on history, clinical examination and investigations.

CASE REPORT
A 69 years old Indian man, a regional poultry farm officer was seen by us in February 2008. He had his office on an open lawn and where he used to work under direct sunlight. He presented with complaints of multiple, variable-sized, itchy papules and nodules that had gradually appeared in succession on the right nasolabial area, right submandibular region, left submandibular area, forehead midline, right supra-auricular region, left supra-auricular region, left temporal region, below the left nipple and still below it in the nipple line over approximately 13 years. These lesions could be differentiated as superficial, nodular, pigmented and morpheaform clinical variants of basal cell carcinoma (Figs 1 to 3). The lesions increased in size gradually over
time and desquamated in between. There were no regional lymphadenopathies. There was no history of associated medical or surgical illness. Familial and past histories were noncontributory.

CBC, urinalysis, coagulation profile, viral markers, serum biochemistry, liver function test, chest X-ray, ECG were within normal limits or negative. Diagnostic skin biopsy from the pigmented lesion on the right temporal region revealed basal cell carcinoma arising from actinic keratosis. All the nine tumors were completely removed by wide excision and primary closure of skin was done. The histopathology report of the tumors revealed multifocal basal cell carcinoma except for the chest wall nodule which turned out to be seborrheic keratosis. The patient is on regular follow-up.

**DISCUSSION**

Basal cell carcinoma is the most common human cancer. Basal cell carcinoma usually occurs as a single lesion, mainly on the face and neck. However, the occurrence of multiple lesions either simultaneously or subsequently is not uncommon. Basal cell carcinomas rarely metastasize, but they are locally invasive and can result in extensive morbidity through local recurrence and tissue destruction. Characteristically, basal cell carcinoma develops on sun-exposed areas of lighter-skinned individuals, with 30% of lesions occurring on the nose. However, it can occur anywhere, even in non sun-exposed areas.

The pathogenesis of basal cell carcinoma most commonly involves exposure to ultraviolet light (UVL), particularly rays in the UVB spectrum (290 to 320 nm), which trigger mutations in tumor suppressor genes. Other factors that appear to be involved in the pathogenesis include mutations in regulatory genes; exposure to ionizing radiation, arsenicals, polyaromatic hydrocarbons, and psoralen-plus-UVA therapy and alterations in immune surveillance. Basal cell carcinoma can be a feature of inherited conditions like...
the nevoid basal cell carcinoma syndrome (Gorlin's), Bazex's syndrome, Rombo syndrome, and unilateral basal cell nevus syndrome. Inactivation of the patched (PTCH) gene is probably a necessary step for basal cell carcinoma formation. UV-induced mutations in the p53 gene, such as CC and TT changes at dipyrimidine sites, have been reported in up to 60% of basal cell carcinomas as well. Basal cell carcinoma is associated with extremely low metastatic potential, but it does invade locally. It has a tendency to grow along the path of least resistance. Metastases, when reported, have involved the lung, lymph nodes, esophagus, oral cavity, and skin. Clinical variants of basal cell carcinoma include superficial, nodular, morpheaform (also termed aggressive-growth basal cell carcinoma or infiltrative basal cell carcinoma), pigmented, fibropapilloma of pinkus (FEP) and cystic basal cell carcinoma. Histologic subtypes of basal cell carcinoma include superficial, nodular and micronodular, and infiltrative basal cell carcinoma. The occurrence of multiple basal cell carcinomas in different clinical and environmental scenarios mentioned in literature has been depicted in the Table 1.

The case in point, however, is quite different from these cases reported in the literature. We had ruled out Gorlin's syndrome on history, clinical examination and variety of investigations. Nonsyndromic but hereditary multiple basal cell carcinoma has also been reported in literature. Our case, however, had no positive family history either. Exposure to irradiation, arsenicals and sulphur mustard gas was also ruled out. There was no evidence of xeroderma pigmentosum or keratoacanthoma. Glutathione S-transferase (GSTM1 and GSTT1) and cytochrome P450 (CYP2D6) genotypes are found to be associated with multiple presentation phenotype of basal cell carcinoma and has already been mentioned in the literature. However, we did not insist on doing the PCR assay to rule out this genotype because of the financial constraints on the part of the patient. Moreover, doing so would not have changed the treatment plan or affected the therapeutic outcome. Thus, we categorized this patient as a rare case of nonsyndromic and nonhereditary type of multiple basal cell carcinoma and hence worth mentioning.

The treatment of basal cell carcinoma may be surgical or nonsurgical. Surgical techniques include excisional surgery (wide local excision with primary closure, flaps, grafts and secondary intention healing), curettage and cautery (scraping away the tumor and stopping bleeding with cautery), and cryosurgery (with liquid nitrogen) and Mohs' micrographic surgery. Nonsurgical techniques include radiotherapy, photodynamic therapy, topical fluorouracil and topical imiquimod.

Cryosurgery does not provide any tissue for histopathological examination. Similarly, curettage samples do not provide adequate tissue to be able to examine tumor margins histologically. The main advantage of wide local excision is that excision margins can be examined histologically to check for tumor clearance.

Mohs' micrographic surgery is a special technique that offers high cure rates for basal cell carcinoma at high-risk sites (central face), morpheaform tumors, and recurrent tumors, with maximal preservation of normal tissues. This comprises taking serial sections to be examined histologically until all margins are clear. It is the treatment method of choice for all recurrent and infiltrative basal cell carcinomas. Radiation therapy is best suited for older patients, particularly those with extensive lesions on the ear, lower limbs, or eyelids. Radiation therapy is not indicated for recurrent or morpheaform lesions and for young patients.

Topical photodynamic treatment is effective for superficial basal cell carcinoma. Another topical treatment for basal cell carcinoma is fluorouracil 5% cream, which is useful in the management of multiple superficial basal cell carcinomas on the trunk and limbs. A newer topical immunomodulatory treatment is imiquimod 5% cream which holds good promise for treating superficial lesions.

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