INTRODUCTION

Intraocular pressure (IOP) is the only known modifiable risk factor for glaucoma. Besides being a cornerstone in glaucoma management, accurate measurement of IOP forms an important component of routine ophthalmic evaluation. Despite the innovation of various newer tonometers, Goldmann applanation tonometer is still considered the Gold standard for IOP measurement. However, there are several reported sources of error including calibration error.\(^1\)

Errors in calibration of Goldmann applanation tonometer are often overlooked in clinical practice. Kumar and Jivan\(^2\) conducted a questionnaire survey of 100 ophthalmology residents from UK. 85% of respondents to their questionnaire never checked tonometers for errors.\(^2\) Wessels and Oh\(^3\) did a field survey of 94 ophthalmologists' offices to assess the accuracy of tonometers in daily use. Less than 15% of ophthalmologists in their study knew how to perform calibration error testing.\(^3\) Given the importance of applanation tonometry in glaucoma management and the ease of calibration error testing, these figures are surprising.

METHOD OF TESTING THE CALIBRATION ERROR OF GOLDMANN APPLANATION TONOMETER

The calibration error of Goldmann applanation tonometer can be measured at 3 testing levels, viz. 0, 2 and 6 corresponding to 0, 20 and 60 mmHg of IOP respectively. Of these 3 levels, the level corresponding to 20 mmHg is the most important, as many clinical decisions with regard to glaucoma are taken around this IOP. Haag-Streit, the largest maker of the Goldmann tonometer, also mentions this as the most important testing level.\(^4\)

The manufacturers of Haag-Streit Goldmann applanation tonometer provide a calibration error check weight bar (Fig. 1).\(^4\) The bar has 5 markings on it. The central marking corresponds to level 0. Two on either side of it represent level 2 and the two outermost markings represent level 6.
noted. The difference between the latter and the testing position, indicates the negative error at that level of testing. Calibration error testing at level ‘zero’ can be performed even without the calibration error check weight bar.

While testing calibration error, one must be attentive. It is easy not to tighten the calibration error check bar at the precisely correct position, especially when changing the settings in a hurry, and get an erroneous calibration error. It is also to be noted that the calibration error check bar should be positioned with the long arm towards the examiner while changing the settings, since the Goldmann applanation tonometer is based on a balancing principle.

One must note that, by this method one can only measure the amount of calibration error in a particular Goldmann applanation tonometer at that particular time. The manufacturers of Haag-Streit Goldmann applanation tonometer recommend that any tonometer with an unacceptable calibration error should be returned to them for rectification of calibration error.4

AGREEMENT IN THE MEASUREMENT OF CALIBRATION ERROR OF GOLDMANN APPLANATION Tonometer

The intraobserver and interobserver agreement in the measurement of calibration error of Goldmann applanation tonometer is rarely reported in the literature. Ray-Chaudhury and Birch in their reply to the editor5 have reported the interobserver agreement in the measurement of calibration errors of Goldman applanation tonometer. However, they only rate the agreement as ‘good’, but do not mention the method of agreement used or the actual figures.

We studied the intraobserver and interobserver agreement in the measurement of calibration error of Goldmann applanation tonometer. We found only a moderate Intra Class Correlation (ICC) for intraobserver agreement in the measurement of positive calibration error. However, the intraobserver agreement for negative error as well as the interobserver agreement for both positive and negative errors by ICC was good in our study.6 The 95% limits of intra and inter observer agreement, by the Bland and Altman method,7 in the measurement of negative calibration error were narrower than the corresponding limits of intra- and inter-observer agreement in the measurement of positive calibration error in our study.6 The reason as well as the significance for this observation is unclear. Traditionally, while measuring IOP, we ‘ascend’, and rarely ‘descend’, from the mark ‘1’ on the measuring drum of the Goldmann applanation tonometer. Therefore, intra- and inter-observer agreement in the measurement of positive calibration error should carry more

Fig. 2: Goldmann applanation tonometer of 900 series attached to a slitlamp. The arrow indicates the slot to fit the holder of the calibration error check weight bar

Fig. 3: Goldmann applanation tonometer of 870 series attached to a slitlamp. The arrow indicates the magnified image of the slot to fit the holder of the calibration error check weight bar

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Have You Tested Your Goldmann Tonometer Today?

GOLDMANN APPLANATION TONOMETER

The reported range of calibration error of Goldmann applanation tonometer is variable. In our study, the range of calibration error was −8 to +20 mm Hg. In contrast, Wessels and Oh reported a range of only −2.5 to +3.5 mmHg. In all studies done so far, tonometers were more likely to show a positive calibration error than the negative error. This may lead to an over-estimation of true IOP. While the impact of this overestimation of IOP is difficult to quantify, it could be clinically significant. It can also lead to over diagnosis of glaucoma or over treatment in individual patients.

FREQUENCY OF CALIBRATION ERROR TESTING

There is no practice guideline in the literature regarding the frequency of calibration error testing. The manufacturer suggests an arbitrary monthly check. Some authors recommend an arbitrary annual check and others suggest an arbitrary monthly check.

In our study, the tonometers initially found faulty were repaired and subsequently released for use. Four months later, 11 (20.75%) of the 53 initially faulty Goldmann tonometers were found to have drifted out of calibration. On this basis, at least 4 monthly formal calibration error testing with the use of the calibration error check weight bar is advisable.

At 0 mmHg, calibration error testing can be performed easily without use of the calibration error check weight bar. In our study, 67.5% of Goldmann tonometers that were faulty at 20 mm Hg were also faulty at 0 mmHg. It is simple to screen Goldmann applanation tonometers at 0 mmHg without using the calibration error check weight bar. The screening could even be performed daily, especially in busy ophthalmic practices. One may involve optometrists or even paramedical staff for this simple but important task.

Seventy percent of ophthalmology residents from UK felt that calibration testing was not part of their responsibility. Knowing this, Kumar and Hillier, in their national survey, assessed the views of senior nursing staff in charge of running ophthalmology outpatient clinics as to whom they feel to be responsible for Goldmann tonometer calibration error checks. A significant number of nursing staff believed calibration checks were not their responsibility. This lack of communication between health care professionals is alarming and can lead to the use of inaccurate tonometers in clinical practice. These observations suggest that ophthalmic practices should create a fixed protocol that clearly identifies individuals responsible for checking Goldmann applanation tonometer calibration error at a predetermined frequency.

SOURCES OF CALIBRATION ERROR OF GOLDMANN APPLANATION TONOMETER

Sources of calibration error of Goldmann applanation tonometer are rarely investigated. As a part of the study protocol, our bioengineers repaired 11 faulty instruments on the spot. The calibration error of a majority of these instruments (9 out of 11) was corrected after cleaning and lubrication of component parts alone.
The Goldmann applanation tonometer modifies force by adjusting a spring. In a properly functioning instrument, according to the Hook’s law, the deformation produced in the spring, i.e. strain should be directly proportional to the deforming IOP, i.e. stress within elastic limit. We should investigate the reasons why Hook’s law does not remain linear in Goldmann tonometers with calibration errors. Accumulation of dirt and loss of adequate lubrication with repeated use of the instrument may be some of them.

The reported frequency of calibration errors of Goldmann applanation tonometer in our study and in the study by Sandhu, Chattopadhyay, Birch et al. is higher than that reported by Wessels and Oh3 or Chuo and Mikelberg. Heavy use of the instruments and multiple users turn out to be the common factors between our study and that by Sandhu Chattopadhyay and Birch et al. These two factors may explain the difference in the observations. These observations also indicate that Goldmann tonometers can rapidly develop calibration errors in routine clinical use, emphasizing the need for frequent calibration error checks to ensure accuracy.

Older Goldmann applanation tonometers may have a higher frequency of calibration errors due to a wear and tear process. In our study, no instruments that were less than 2 years old were faulty. In contrast, high frequencies of older instruments were faulty. Wessels and Oh found a statistically significant negative correlation between the age of the Goldmann tonometer and accuracy.

One specific cause for calibration error is accidental damage. The Goldmann applanation tonometers are of two basic types—base-plate tonometers and slit-lamp mounted tonometers. Base-plate tonometers may be more prone for accidental damage. Wessels and Oh found a statistically significant difference in calibration errors between mounted and hand-held tonometers (19% versus 33%, p 0.02). Sandhu, Chattopadhyay, Birch et al. also studied this aspect but could not demonstrate a difference in the frequency of calibration errors between the two subtypes of the Goldmann tonometer. However, the numbers studied by them are small. Any tonometer that suffers damage should undergo a calibration error check before continuing to be used.

Since the Goldmann applanation tonometer is a balancing instrument, any tilt in the surface on which the slit lamp assembly is mounted can possibly cause errors in measurement of IOP.

**REFERENCES**