

MISCELLANEOUS

Pictorial Continuing Medical Education

METATARSALGIA AND HAMMER TOE OF A YOUNG BOY

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A young boy presented in PMR OPD with a right forefoot pain along with difficulty to walk especially on his way back from school. On inspection it has been noticed that he has a hammer second toe in his right side (Fig.1). On palpation it has been found that he is also suffering from metatarsalgia. On further evaluation, it was noticed that his second toe was longer than his great toe, though great toe should be the longest one anatomically. He was also complaining of difficulty to accommodate his second toe in his school shoes and suffering from forefoot pain in the second half of school hours.

Thereafter a X-ray of his both feet was done which showed shortened first metatarsal on his right side, that was why his second toe was apparently longer than the great toe (Fig. 2). Hence diagnosis of Morton's toe has been confirmed. On further evaluation we didn't find any callous under the foot or any Morton's neuroma. Considering the above clinical diagnosis, shoe modification with wide toe box and filler at the end of greater toe has been done, which made the boy pain free.



Fig. 1: Hammer toe of 2nd toe of both feet

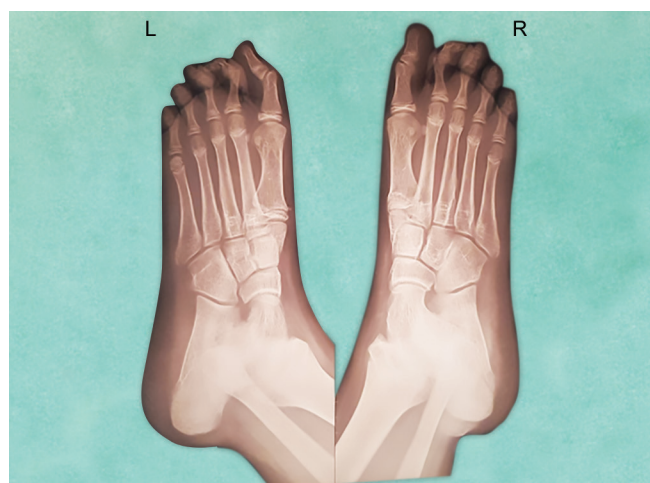


Fig. 2: X-ray showing shortened 1st metatarsal of both feet

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