



# Editorial

## Ideal Drug—(*Prashata Bhaishaja*): Ayurvedic View Point

भिषग्द्रव्याण्युपस्थाता रोगी पादचतुष्टयम्। गुणवत् कारणं ज्ञेयं विकारव्युपशान्तये॥ (च. सू.-९)

“The success of treatment depends upon the excellent performance of four factors which are known as *Chikitsa Chatushpada*, which includes *Bhishag* (Doctor), *Upasthata* (Nurse), *Rogi* (Patient) and *Dravya/Aushadh* (Medicine)”.



*Aushadha* (medicine) is one of the important factors in Ayurveda for the management of diseases, prevention and health promotion. Ayurveda lays great emphasis on the quality of a medicine, and various parameters are described for quality assurance, e.g. its habitat, collection time and preservation which adds to quality enhancement and assurance. In addition to the quality checks, experimental methods are also used to evaluate the quality, safety and efficacy of these medicines. The laboratory parameters used for above purposes are simulating with the given classical guidelines of quality parameters. Central Council for Research in Ayurvedic Sciences (CCRAS) is in tuned with the changing scenario and advent of new technologies and procedures, the methods for testing of medicines in terms of quality control, safety profile, which are being followed to establish Ayurveda as evidence-based medicine for general masses.

At the same time, it is important to have resources of the genuine and authentic raw material collected at appropriate time as propounded in Ayurveda. Today pharmaceutical world is fast-developing sector, and it is the need of hour to conduct high impact research to generate adequate evidence of Ayurvedic medicine. The Council is working on medicinal plant research which is an integral part of drug standardization to ensure quality of medicine being delivered to the healthcare management. Survey, documentation and scientific validation of traditional knowledge is being carried out to preserve the valuable traditional knowledge existing among tribal communities besides extending healthcare services in remote areas across the country.

The contributions of CCRAS are noteworthy in areas of drug standardization, and safety/toxicity studies of Ayurvedic medicines evident from the publications on drug standardization, safety and efficacy.

The present issue of the Journal, encompasses major aspects of drug research focusing on pharmacognostical, tissue culture, safety/toxicity studies, documentation of traditional health care, exploration of pharmaceutically important medicinal plants, review of important medicinal plant, and critical review of medicinal plants mentioned in *Bhela Samhita*.

The information and observation articulated in the articles published in the current issue are very systematic and scientific so far as the drug standardization is concerned. Authors have contributed their valuable scientific research which will be helpful for disseminating the knowledge among researchers and the scientific community.

**Prof. Vaidya Kartar Singh Dhiman**

Editor-in-Chief and Director General

Central Council for Research in Ayurvedic Sciences

Ministry of AYUSH, Government of India, New Delhi, India