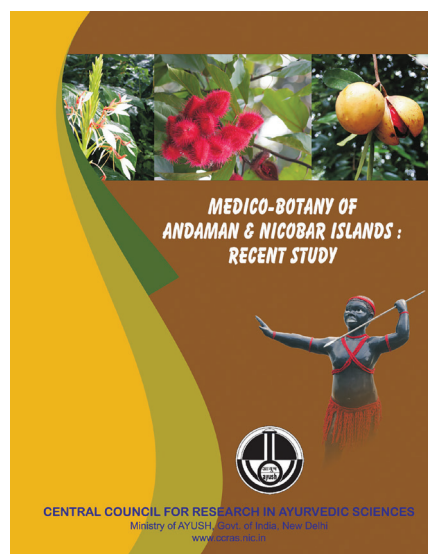


# Book Review



Andaman and Nicobar is one of the richest biodiversity hotspot in the World and is known for its rich medicinal flora. It is situated in the Bay of Bengal between 6'45 and 13'41 North latitudes and 92'12 East to 92'57 East longitudes, oriented in a North-South direction over a length of about 912 km. It is an abode of 6 primitive tribes, viz., Andamanese Jarawas, Onges, Nicobarese, Shompens and the Sentinelese. Besides, there are local people and people who have migrated from the mainland are inhabited. The population of Andaman and Nicobar is largely dependent on the indigenous system of medicine. CCRAS is serving the needs of the Andaman and Nicobar population in the health sector since 1984. In 1984, CCRAS had published a book entitled; "Observation on Medico-Botany of Andaman and Nicobar Islands" where it has covered 305 medicinal plants of this region along with the folklore used. After the tsunami in December 2004, there is a great change in the medicinal flora of Andaman and Nicobar. Hence, CCRAS has taken up a project entitled, "Medico-Botanical Survey of Andaman and Nicobar Islands (Selected areas)". The present publication, "Medico-Botany of Andaman and Nicobar Islands - Recent Study" is the outcome of the above mentioned project. The present publication encompasses data on 560 medicinal plants

about their Botanical Name, Sanskrit Name, Local Name, Distribution, Availability, IUCN status and Threat status. Out of the studied plants, there are 163 plants being used in the Ayurvedic System of Medicine; for these plants, Sanskrit Name, Distribution, Parts Used, Pharmacological Properties, Ayurvedic Preparations (formulation), Major Indications (therapeutic Uses) are provided. There are 204 folk uses reported for various health ailments like Kamala (Jaundice), Madhumeha (Diabetes), Netradosha (Ophthalmic diseases), Tvak Roga (Skin diseases), Ashmari (Kidney stones), Shewtha pradar (Leucorrhoea), E.N.T. diseases, Cuts and wounds (Vrana) etc. Besides, there are 222 high quality digital photographs incorporated in the present publication.

CCRAS recommended this book to Scientist, Academician, Research scholar pursuing Post Graduate, PhD and Post Doctoral in the field of Dravya Guna, Medicinal Plants Research.

## Contact Book for Sale:

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